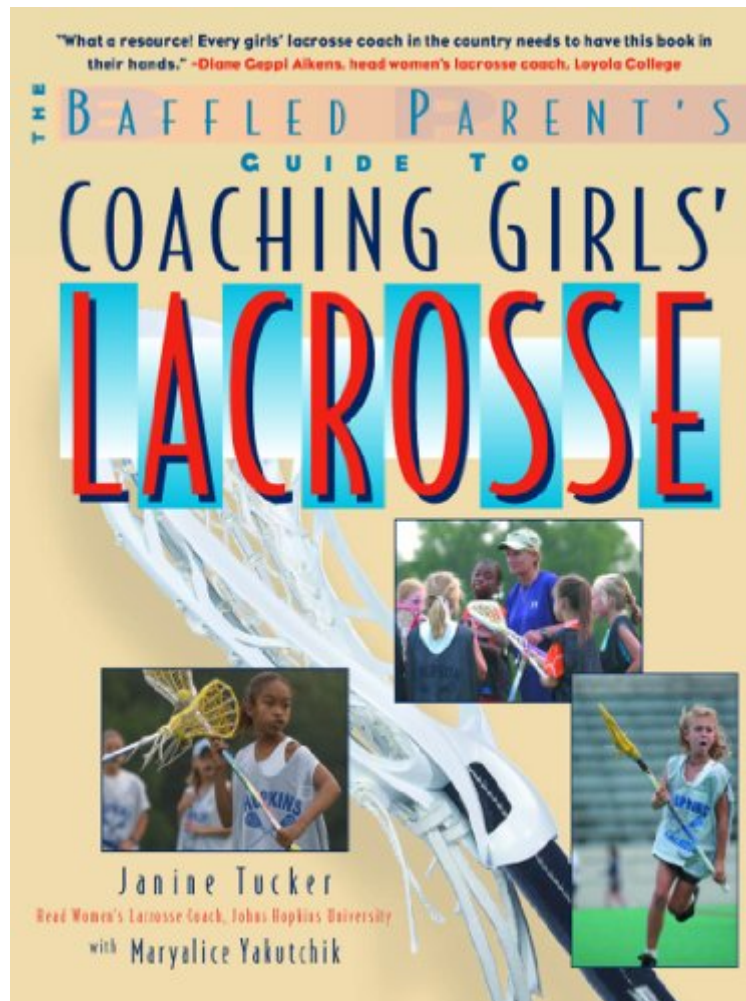


The book was found

The Baffled Parent's Guide To Coaching Girls' Lacrosse (Baffled Parent's Guides)



Synopsis

Lacrosse is one of the nation's fastest-growing youth sports, and the girls' game is overtaking the boys'. Played with different rules and tactics, girls' lacrosse requires its own specialized guidebook. Friendly and encouraging, Coaching Girls' Lacrosse is the first book to provide the fundamentals every unprepared parent needs to teach and motivate a team of 6- to 12-year-olds.

Book Information

File Size: 22888 KB

Print Length: 192 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (April 22, 2003)

Publication Date: April 22, 2003

Sold by:Â Digital Services LLC

Language: English

ASIN: B00938V4YQ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #493,205 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #9 inÂ Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Lacrosse #34 inÂ Books > Sports & Outdoors > Other Team Sports > Lacrosse

Customer Reviews

This book is perfect for coaches and players who are new to the game of girls'/women's Lacrosse. Several years ago, when I was recruited to coach my daughter's youth league team, I searched high and low for a book, such as this one, covering the girls' game. I found plenty of books for boy's Lacrosse and a few that had a chapter or two covering girls' Lacrosse. Often, these books covered very outdated techniques and methods. Bottom line, there was no comprehensive guide for teaching and developing young girls into well-rounded Lacrosse players. Coach Tucker's book is a great guide for dad's like me who have men's Lacrosse experience, beginning coaches, new players, and, of course, baffled parents. My favorite section covers the suggested drills. Each drill is clearly defined and well diagramed. She also provides great advice for managing practice and keeping the girls involved and excited about playing lacrosse. I plan to implement many of her

suggestions into my practices. A must read for coaches and parents who are interested in developing technically sound players who love the game of girls' Lacrosse.

This is an excellent tool for getting a better understanding on how to support and help my daughter improve in lacrosse. I wanted to play an active role by getting the book as well as equipment for both of us. Now we toss the ball to each other and practice what we've read in the book. She's definitely getting better.

I have just started the season, but I must say, this book has been fantastic so far in helping me prep for the season and prepare meaningful practices. Relatively well written and concise with plenty of practice drills for individuals, small groups, and full team. I believe this would work for almost all age levels up to collegiate.

Great for those new to coaching. It gives good general overviews of bigger concepts and breaks it down to more in depth ideas. Has sections for specific drills (easy to complex). The one thing this book can't magically improve is skill; that comes with time spent with the ball in stick!

This is a great book. My fiance played in college and recently started coaching at the college level. I knew nothing about the sport and this book saved me! Between reading this and going to all of the home games, I was running the clock by the end of the season. I highly recommend this book to anyone just getting into the sport.

My daughters' team needed an assistant coach, I volunteered. Then the head coach was injured and they needed a new head coach, I volunteered. All this happened in less than 24 hours. Having never played lacrosse, I was mortified. I turned to and found this book. Another coach recommended it and I bought it hardcopy and read it cover to cover. I then got the kindle version to use with my iPad during practices. The title of the book says it all. This book explained what I needed to know and how to set up my practices and what to emphasize. My assistant coach downloaded it too so we would be on the same page with respect to the drills we would be running. I can't imagine this endeavor without this book as a guide.

I have used the drills in this book to coach all levels of the women's game. From junior ball, to high school, and even college club there are drills for all. The drills are extremely easy to understand and

explained well. The best part is that they have a "rating" next to each so that you know if you're dealing with a drill for beginners or more advanced players (which is such a help when dealing with the junior and his level). I have recommended this book for years and will continue to do so.

My 10 year old just got into lacrosse this fall. I knew nothing about the game. This book is great. Considering my coaching history I am sure I will be suckered into coaching in the youth program. This book is of great benefit for this.

[Download to continue reading...](#)

The Baffled Parent's Guide to Coaching Girls' Lacrosse (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Youth Soccer (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Youth Hockey (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching 6-and-Under Soccer (Baffled Parent's Guides) The Baffled Parent's Guide to Great Soccer Drills (Baffled Parent's Guides) The Baffled Parent's Guide to Great Basketball Drills (Baffled Parent's Guides) Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls The Baffled Parent's Guide to Coaching Youth Soccer The Baffled Parent's Guide to Coaching Youth Basketball Life Coaching: Complete Blueprint to Becoming a Powerful Influential Life Coach (Life coaching, Life improvement, positive thinking, coaching, better leadership, goals, consulting) Life Coaching: Life Coaching Blueprint: Save A Life One Person At A Time (BONUS 30MINUTE Life Coaching Session- How To Motivate, Inspire, Change Your Life) NLP Coaching: Learn How to Use NLP in Your Coaching and Become a Great Leader (nlp coaching, nlp books, nlp techniques) Ultimate Guide to Weight Training for Lacrosse (Ultimate Guide to Weight Training: Lacrosse) How to Play Lacrosse: Learn How You Can Quickly & Easily Master Playing Lacrosse The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing The Baffled Parent's Guide to Great Basketball Plays Great Soccer Drills : The Baffled Parent's Guide The Parents' Guide to Girls' Lacrosse Coaching Lacrosse For Dummies Carl Runk's Coaching Lacrosse: Strategies, Drills, & Plays from an NCAA Tournament Winning Coach's Playbook Survival Guide for Coaching Youth Basketball: Only the Essential Drills, Practice Plans, Plays, and Coaching Tips!

[Dmca](#)